

Dear Parents and Carers,

As part of your child's education at Oasis Academy Aspinal, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that this half term, starting 18th May your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.



Lessons in Year 4 will include pupils learning about:

- What is diversity?
- What are stereotypes, how do I challenge them?
- What changes happen to my body? (personal hygiene).

PSHE education is taught throughout the school in every year group and it is monitored and reviewed regularly by the staff and senior leadership team. Please visit the schools website <https://www.oasisacademyaspinal.org> for more details about our PSHE curriculum and for an overview of our RSE curriculum in particular. All PSHE teaching will take place in a safe learning environment, and is underpinned by our schools ethos and values.

If you would like to find out more about what your child will be learning, we will be holding an informal parents meeting on Thursday 7th May from 8.45am-9.30am. You can book in to find out more about what children will be learning in class, what materials and resources are used and how you can best support your child when discussing these topics at home.

As a school community, we are committed to working in partnership with parents. Please look at the attached overview for each year group on your MCAS app so that you feel fully informed about the revised content in our RSE programme. If you wish to attend the parent meeting please email the school office admin@oasisaspinal.org by Friday 1st May.

Yours sincerely

Miss Webster

PSHE Lead